

NDL1 CUP
Bangor Aurora, Bangor
31ST January – 2ND February 2025

**SWIM
IRELAND**

Water Polo

**National League Division 1 Cup
31st January – 2nd February 2025**

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Competition Information Pack

Competition Location:	Bangor Aurora Aquatic & Leisure Complex, 3 Valentine Road, Bangor BT20 4TH.
Competition Format:	The competition will be played over three days in Bangor, 31 st January to 2 nd February 2025. Male and Female competitions will be conducted in accordance with the Swim Ireland Water Polo and World Aquatic Rules.
Competition Draws:	Competition draws were conducted through the Swim Ireland Water Polo game management system, authorised by the NWPC, and published.
Team Staff:	<p>Please note that all teams must have at least one qualified and licensed Level 2 Water Polo Coach on deck during every match.</p> <p>Any team staff attending this competition are required to meet the Swim Ireland Safeguarding and Vetting requirements.</p> <p>Only players and team staff accredited may enter the pool areas and participate in the competition.</p>
Team Sheets:	<p>All team lists of up to 15 players must be submitted via email by 5pm 15th January 2025 to waterpolo@swimireland.ie</p> <p>Team List to be given to Table Officials a minimum of 30 mins before the start of each match for any team that has more than 13 players listed.</p> <p>Team Lists may not be amended once the competition begins.</p> <p>Proof of age for all players may be requested by Ireland Water Polo.</p>
Player Eligibility:	All players listed on team sheets must fulfil the eligibility criteria, including residency in Ireland, at the time of competition.
Team Leaders Meeting:	<p>A technical briefing will take place at 7pm on 27th January 2025 via zoom.</p> <p>Join Zoom Meeting https://us06web.zoom.us/j/86123007753?pwd=hBYlk5ZMaUIHjlwsqgGRkdoa62n3rP.1</p> <p>Meeting ID: 861 2300 7753 Passcode: 710773</p> <p>This meeting is to discuss items in relation to this competition only.</p>
Entry Fee:	<p>Payment for ALL entries must be received by 5pm, 24th January 2025</p> <p>Competition fees are as €650 per team for Men and €550 per team for Women.</p> <p>Payment can be made here.</p>

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	Withdrawals after 15th January will incur the competition fee.
Accreditation:	<p>Accreditation will be produced through the Go-Membership system by following this link.</p> <p>Club administrators will need to apply for accreditation for team managers and coaches.</p> <p>All team staff must have a photo on their profile before the application is made, they will be expected to wear them with a photo on display while on the pool deck.</p> <p>Please ensure that team managers & coaches meet all the safeguarding/vetting/licensing requirements for accreditations, otherwise they will not be awarded.</p> <p>Accreditation applications must be completed at least 72 hours before the first game begins.</p> <p>Accreditation lanyards & pouches should be reused from previous competitions. There will be a small supply available from the Tournament Director on the first day of the competition.</p>
Awards:	<p>Gold and Silver medals will be awarded in both competitions.</p> <p>A Most Valuable Player award will be made for both competitions.</p>
Pool/ Facility Staff:	<p>Team managers, officials and players are reminded to be courteous to the pool staff and to always obey instructions issued.</p> <p>Any dispute/altercation with staff should be reported to the Tournament Director by the Team Manager immediately.</p> <p>All teams should remove empty bottles/rubbish from the pool deck after their games. Please ensure the rubbish bins provided are used by both players and spectators.</p>
Respect for Officials/Teams:	<p>All team staff and supporters are expected to show officials and opposition team's due respect.</p> <p>Any team and/or their supporters be found acting with unsportsmanlike behavior may be fined/sanctioned by the Tournament Director.</p>
Duration of Games:	<p>All matches will be 4 x 7 minutes with 2 TO per game.</p> <p>The ball used for this competition will be size 4 for Women and size 5 for Men.</p>
Substitutions:	<p>Flying substitutions in the lateral substitution area may be used by teams in all matches should the pitch set up allow.</p> <p>Pool set up equipment to be confirmed - details to be clarified at the team technical meeting.</p>
Points:	<p>Points shall be awarded as per World Aquatic Rules July 2023</p> <p>The matches shall be scored as follows:</p>

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	<p>a) win in regular time = 3 points</p> <p>b) win after penalty shootout = 2 points</p> <p>c) loss after penalty shootout = 1 point</p> <p>d) loss in regular = 0 point</p> <p>In the event of a tie please refer to the tie breaking rules section. <i>Appendix 9 Section 4.</i></p>
Referees:	Referees will be assigned by the NWPC and Swim Ireland Water Polo Competitions Committee.
Photography:	<p>Photography is only permitted by persons issued with a permit by the pools staff endorsed by the Tournament Director.</p> <p>Photographs may only be taken from the spectator area unless permission and accreditations have been issued prior to the competition beginning.</p> <p>Photographs must be in accordance with the Swim Ireland Filming & Photography Policy.</p>
Team Benches:	<p>All assistant coaches, team managers and players not in the water during a match must always remain seated in the bench area and any person in breach of this rule shall receive a red card.</p> <p>A player who is excluded from the remainder of the game by way of 3 personal fouls must remain on the team bench, with their cap on.</p> <p>A player excluded from the remainder of the game by the referee (for Violent Action) shall leave the team bench and proceed to the spectator area.</p>
Dress:	<p>All players and officials must be properly attired on the team bench.</p> <p>During presentation of teams prior to finals and prize giving all teams and officials will be dressed in team gear of t-shirts/shorts/tracksuits.</p> <p>It should be particularly noted by all, that swimsuits/togs are NOT permitted in the spectator area at any time. All teams must use the designated changing village for changing and /or dressing.</p> <p>Teams who do not comply will be sanctioned and officials may be excluded from the poolside for their teams next or subsequent match(es).</p>
Yellow & Red Cards:	<p>All coaches and officials should lead by good example throughout the tournament.</p> <p>A Head Coach who receives a yellow card will not carry it forward to the next match.</p> <p>Any coach, team manager, official or player who receives a red card must immediately leave the poolside, without speaking to or communicating with his/her team. Once red carded, any coach may not attempt to coach/communicate with their team. Any attempt to do so will result in removal from the pool facility and further sanction.</p> <p>A coach, or other official who receives a red card shall be suspended for the next game.</p>

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	<p>Any red cards that may have been received by players and/or team staff during National League matches will carry them forward to this competition.</p> <p>Any red cards received during the cup will also be carried out of the competition into National Leagues.</p> <p>The Tournament Director may impose a penalty of missing an additional match(es) subject to the nature of the offence.</p> <p>A coach who receives a red card and consequent suspension may not coach or participate in a game involving a team in either competition until that suspension has been served.</p>
Violent Action:	<p>Any player excluded for the remainder of the game, with substitution when four minutes of actual play have elapsed, for committing a violent action shall be suspended for at least the next game.</p> <p>The Tournament Director on advice may impose a greater penalty due to the nature of the violent action.</p>
Penalty Shoot Out:	<p>In accordance with World Aquatic Rules APPENDIX 6– Penalty Shoot Out</p>
Health & Safety:	<p>Please refer to the Health & Safety guidelines at the bottom of this document.</p>
Alcohol:	<p>Alcohol is not permitted in the spectator, pool or dressing room areas, those found in breach of this will be asked to leave the facility.</p>
Appeals & Protests:	<p>All protest/appeals must be submitted in writing to the Tournament Director within 30 minutes of completion of any match or decision, accompanied by the appropriate fee.</p> <p>Any reason for protest known in advance must be submitted before the competition commences, accompanied by the appropriate fee.</p> <p>Appeal/Protest Fee: €100.</p>
Further Info:	<p>Please direct all queries to waterpolo@swimireland.ie</p>

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Appendix 1: SCHEDULE OF MATCHES

MEN

Group A	Group B
Clonard	Cathal Brugha
Corrib	Drogheda
North Dublin	Sandycove
	St Vincents

WOMEN

Group A	Group B
Cathal Brugha	Drogheda
Diamonds	St Vincents
Tribes	North Dublin

Date/Day	Match	Comp	Time	Group	White	v	Blue
Friday	1	Women	15:00	A	Cathal Brugha		Diamonds
31 January	2	Women	16:00	B	Drogheda		North Dublin
					Pitch Change		
	3	Men	17:30	A	Clonard		North Dublin
	4	Men	18:30	B	Cathal Brugha		Drogheda
	5	Men	19:30	B	Sandycove		St Vincents
					Pitch Change		
Saturday	6	Women	08:00	A	Tribes		Cathal Brugha
01 February	7	Women	09:00	B	North Dublin		St Vincents
					Pitch Change		
	8	Men	10:15	A	Clonard		Corrib
	9	Men	11:15	B	Sandycove		Cathal Brugha
	10	Men	12:15	B	St Vincents		Drogheda
					Pitch Change		
	11	Women	14:00	A	Tribes		Diamonds
	12	Women	15:00	B	Drogheda		St Vincents
					Pitch Change		
	13	Men	16:30	A	North Dublin		Corrib
	14	Men	17:30	B	Sandycove		Drogheda
	15	Men	18:30	B	Cathal Brugha		St Vincents
					Pitch Change		
Sunday	16	Women	09:00	Semi-final 1	Winner Group A		Runner-Up Group B
02 February	17	Women	10:00	Semi-final 2	Winner Group B		Runner-Up Group A
					Pitch Change		
	19	Men	11:15	Semi-final 1	Winner Group A		Runner-Up Group B
	20	Men	12:15	Semi-final 2	Winner Group B		Runner-Up Group A
	21	Men	13:15	Classification	3 rd Place in Group A		3 rd Place in Group B
					Pitch Change		
	22	Women	14:30	Classification	3 rd place in Group A		3 rd Place in Group B
	23	Women	15:45	Final	Winner Semi 1		Winner Semi 2
					Pitch Change		
	24	Men	17:00	Final	Winner Semi 1		Winner Semi 2

Appendix 2: Swim Ireland Safety Statement

Safety is the responsibility of every individual involved in the sport.

**Risks identified must be reported to the Tournament Director
and formally reported to the facility operator.**

**We would ask the co-operation of athletes, coaches, spectators, and clubs in the
application of the following safety measures. They are in place for everyone's safety.**

All accidents must be formally reported.

General

- 1) By Law all facilities are required to have a Safety Statement in operation. Clubs and Competition Organisers should satisfy themselves that this is the case.
- 2) Any accidents, however minor, must be reported to Swim Ireland (standard Accident Report Form available).
- 3) ALL volunteers who work/help at Swim Ireland events are advised to read the Swim Ireland Safety Statement which is available upon request from the Office.

Clubs

- 1) All Clubs should obtain and read a copy of the Safety Statement of the pool they are hiring.
- 2) It is recommended that clubs identify risks and formally report them in writing to the relevant personnel at the facility.

All Competitions

(Club, Regional and National)

- 1) Following a competition at which an incident/accident occurred, the Organiser and/or Tournament Director must complete an Accident Report Form and include their contact details.

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- 2) All who attend competitions are urged to report any accidents to the Tournament Director. Where an accident occurs, Swim Ireland must be informed as soon as possible with a full report presented.

General;

- i. Everyone attending Competitions must familiarise themselves with the locations and operation of emergency exits.
- ii. Anyone observing anything they consider to be a safety hazard should report it to the Tournament director.
- iii. All those attending Competitions must take all steps to ensure their own safety and the safety of others.
- iv. All walkways must be kept clear of bags, equipment, etc.

Around the Pool (e.g., spectator area, foyer area, etc.)

- i. Athletes are not permitted to enter dry areas without first having changed and put on footwear.
- ii. Where there is a balcony or rail - athletes are not permitted to climb over it.
- iii. Glass bottles are not permitted outside designated refreshment areas.

Thank you for your co-operation in making the Competition a safe experience for all.