

National Teams

Click here for the upcoming [National Teams Training Sessions](#)

Competitions

To get the latest fixtures go to www.irelandwaterpolo.ie, click on your club logo and all fixtures for your club will be listed.

All fixtures have been updated.

U17 Cup – 20th, 21st and 22nd January, Lisnasharragh Belfast

The U17 Cup competition will have the finals streamed live on the Ireland Water Polo Facebook page.

Team Lists are now available in the SI App

- [Irish U17 Boys Cup Schedule](#)
- [Irish U17 Girls Cup Schedule](#)

U14 and U16 Play offs.

- [Play off for U14](#) National League dates – 26 & 27th February, 18th March. Teams will be updated once U14 regional matches are completed
- [Play off for U16](#) National League dates – 22nd & 23rd April. Teams will be updated once U16 regional matches are completed

U15 Interprovincial Tournament indicative date is Sunday 7th May

Sub - Committee

Competition Committee Update

- The new 2m rule will be implemented at the U17 Cup.
- Next meeting 29th January 2023

Education Update

Waterpolo Coaching Qualifications

Dates for all classroom courses in 2023 are available for booking. [Click here](#) to book.

Guideline months for Practicals are:

- Galway – June
- Belfast – August and September
- Dublin – November

New Rules Seminar

[New rules seminars](#) for club coaches and members will be held on 18th January.

Upcoming Waterpolo CPDS

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| • Game Strategy - 20 February | • Man up/Man down - 17 June | • Coaching Goalkeepers - 05 October |
| • Basic Ball Skills - 18 April | • Planning for Season - 16 August | • Drills & Games for beginners - 02 December |

Swim Ireland Update

Swim Ireland EGM

- SI are holding an EGM on 19th January 2023 at 18.30.

SWIM IRELAND

Water Polo

- Clubs need to register attendees by 12th Jan.
- One of the motions being proposed is to all allow committee positions to increase from 4 to 6 years. [Motions](#)
- [Notification of Swim Ireland EGM & Information Session | Swim Ireland](#)

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| Next Meeting | TBC |
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