

National Teams

It has been a busy time over the past month with the selection of the following National Squads:

- Boys and Girls 2006
- Boys and Girls 2009
- Boys and Girls 2010
- The 2008 Boys and Girls squads will be selected over the next few months.

Click here for the upcoming [National Teams Training Sessions](#)

Upcoming International Tournaments

U14 Boys (2009) – 26th/27th November, Walsall, ASA Inter-Regionals

U14 Boys (2009) – 3rd/4th December, Walsall, ASA Inter-Regionals

2006 Boys & 2008 Boys – 10th/ 11th December, International Tournament Poland

Education

Level 1 and Level 2 Waterpolo Coaching Practical Courses to be held in December 2022. Bookings can be made via Go Membership.

Young Girls to Try out Waterpolo Initiative

Two 50-minute taster sessions for young girls to try out waterpolo are being held in December in Trinity College pool. Anyone who is interested can fill in the [application form](#). Note this is aimed at young girls who have never played waterpolo. The minimum requirements are:

- Minimum age is 9yrs old
- Should be able to swim 50 metres continuously
- Comfortable swimming out of their depth

2023 Courses

- Three [Level 1 AWPC](#) virtual classroom courses have been set for January, June and August.
- Three [Level 2 WPC](#) virtual classroom courses have been set January, May and September.

The Education Team aim to host three mixed Level 1 and 2 practical courses in Galway, Belfast, and Dublin, with additional course practical to be added if required.

Six virtual classroom CPD opportunities will be offered throughout 2023 which can be found by clicking [here](#).

EVENTS

 <p>Water Polo Rules Water Polo CPD Shirley O'Brien (1 CPD Point)</p>	<p>29 Nov 2022 - 19.00 - 20.30</p> <p>Water Polo Rules CPD</p>	<p>€5</p>	 <p>Game Strategy Water Polo CPD Dean Walker (1 CPD Point)</p>	<p>20 Feb 2023 from 19.00-20.30</p> <p>Water Polo CPD: Game Strategy</p>	<p>€12.50</p>
 <p>Basic Ball Skills Water Polo CPD Dean Walker (1 CPD Point)</p>	<p>18 Apr 2023 from 19.00-20.30</p> <p>Water Polo CPD: Basic Ball Skills</p>	<p>€12.50</p>	 <p>Man up/Man down Water Polo CPD Dean Walker (1 CPD Point)</p>	<p>17 Jun from 09:00-10:00</p> <p>Water Polo CPD: Man up/ Man Down</p>	<p>€12.50</p>
 <p>Planning for Season Water Polo CPD Dean Walker (1 CPD Point)</p>	<p>16 Aug 2023 from 19:00-20:00</p> <p>Water Polo CPD: Planning for Season</p>	<p>€12.50</p>	 <p>Coaching Goalkeepers Water Polo CPD Dean Walker (1 CPD Point)</p>	<p>05 Oct 2023 from 19:00-20:00</p> <p>Water Polo CPD: Coaching Goalkeepers</p>	<p>€12.50</p>
 <p>Drills & Games for Beginners Water Polo CPD Dean Walker (1 CPD Point)</p>	<p>02 Dec 2023 from 09:00-10:00</p> <p>Water Polo CPD: Drills & Games for Beginners</p>	<p>€12.50</p>			

Competitions

[League Update](#)

To get the latest fixtures go to www.waterpoloireland.ie, click on your club logo and all fixtures for your club will be listed.

Weekend of 10th and 11th of December – Matches must be changed as 2006 and 2008 Irish Boys teams are travelling to Poland.

U19 Cup – 19th & 20th November, Limerick

Schedule is now released – Note matches will be run simultaneously in two pools:

[Boys Schedule](#)

[Girls Schedule](#)

Sub - Committee

Competition Committee

Aveen has written to all three regions seeking a representation from each region for the Competition Committee:

- Regional Representatives - Connacht
- Regional Representatives – Leinster
- Regional Representatives – Ulster

All clubs need to respond by Friday 11th November with their representative.

Compliance

All clubs must ensure that all team staff hold up to date Safeguarding, Vetting and License along with a minimum non-competitive club membership. This is a requirement for attendance at both training sessions and competitions.

Next Meeting

Monday 12th December

